Earth Prayers a mixed modality retreat with Lisa Thorpe

Group fee +

\$15 materials fee per person pre-cut fabric, paints, monoprint pads, brayers, string, and sewing machines, plus instructional and reading hand outs and lots of encouragement!



Earth Prayers - Half or whole day retreat: This retreat brings in the love of nature through poetry, walking meditation and prayer flag making. The flags are made using a wonderfully accessible print making technique that is at once magical and awe-inspiring while being amazingly easy. This workshop is the perfect way to make a collective art piece for a whole community and still have something for everyone to take home. The day can be designed for adult or mixed aged groups to give thanks and praise for the wonder of this earth, our island home.

What participants bring: Apron or smock

