

The Sacred Vessel

a mixed modality retreat with Lisa Thorpe

Group fee +

\$20 materials fee per person glass bowls, decorative papers, glues, embellishment, instructional and reading hand outs and lots of encouragement!



The Sacred Vessel 6-hour or 2 day retreat: I lead this retreat in two ways. One as an Exploration of Mary; her call, her courage, and her choice. We explore this through reading the text and looking at images of the annunciation and visitation through the lens of art through the ages. The retreat culminates in the creation of this glass bowl collage with Mary at the center and the words from the Magnificat woven through. For and in depth dive into the Mary story, this retreat is lovely as a two day but can be designed for a single day, too. The second option is the Sacred Vessel retreat. This retreat will also include the making of a collage bowl. However the emphasis on our own openness to being a container for God. This retreat will include, meditation, movement, and art making.

What participants bring:

- I will provide every thing you need but if you have an old stash of letters, journal pages or a poem you want to use in your art bring them along
- Scissors