

# Affirmation & Intentions: collage card making with Lisa Thorpe

Group fee +

\$10 materials fee per person. All materials provided including laminating sheets, laminators, art papers, paper punches, washi tape, art books, instructions and lots of creative encouragement



**Affirmation and Intentions - Collage Cards** - Half or whole day retreat. Lenten Intention cards, Advent Affirmation cards, or everyday Random Acts of Love cards. This mixed modality retreat can be designed for any season or theme. The Lenten Reflection Retreat I've designed includes meditation and movement, group discussion, and the creation of 40 Lenten Intention cards to use throughout the season of Lent. Likewise in the Advent Affirmation Retreat, participants create 25 Advent cards with affirmations, poems and verse to draw each day of the season. And of course every season is the season of love! Random Acts of Love cards are collage cards created with a message of Love meant to be cast out like seeds randomly in the world to let everyone who finds it know they are loved. All of these retreats are designed with the needs and interest of the group in mind and can be devised with adults or mixed age groups in mind.

*For all those with some art phobias this art project, like all I design, is accessible for all with success and satisfaction built into the process and product!*